

**INNER EAST HEALTH & WELLBEING SUB GROUP**  
**DATE/ TIME : 14<sup>th</sup> May, 10.30am, Reginald Centre**  
**CHAIR: Cllr Roger Harington**

**1.0 Present:** Councillor Roger Harington (CRH), Councillor Vonnie Morgan (CVM), Liz Bailey (LB), Janet Smith (JS), Carly Grimshaw (CG)

**Apologies:** Councillor Ron Grahame, Andy Birkbeck

ITEM DISCUSSED	ACTION
<p><b>2.00</b> <u>Minutes &amp; matters arising</u></p> <p>2.1 Due to problems with IT the minutes were not available for approval. Actions requested for this meeting included a full table of all of the on-going health projects in the wedge so that the sub group can monitor and drive progress.</p> <p>2.2 LB presented a matrix of projects that their team is currently involved in in the area. Members agreed that this should be a working document to be added to and updated for the group's reference.</p>	
<p><b>3.00</b> <u>Obesity</u></p> <p>3.1 There is a regular multi agency meeting held in Harehills and coordinated by a Childhood Obesity specialist employed by the NHS. JS is trying to replicate this model in Seacroft.</p> <p>3.2 Cllr Harington asked that he be invited to the next Harehills Obesity meeting so that he can get an understanding of how it works, It was also mentioned that there is a Childhood Obesity Action Plan for Harehills which he would like to see a copy of</p> <p>3.3 JS was asked to forward a link to the Change for Life website to members so that they get an understanding of what this is as the 'Change for Life' branding is used by schools and partners involved in the childhood obesity partnership.</p> <p>3.4 JS was asked to invite CVM to the Seacroft Health &amp; Wellbeing partnership that she is establishing and forward an invitation to CRH to the Harehills one, again so that they get an understanding of the work happening in the area.</p>	<p><b>LB</b></p> <p><b>JS</b></p> <p><b>JS</b></p>
<p><b>4.00</b> <u>Smoking</u></p> <p>4.1 LB is still to analyse the results of the young people's smoking questionnaires that were undertaken in Seacroft, once done she will send these results to members.</p>	<p><b>LB</b></p>

4.2	LB has asked for results of a spirometry test to see how effective the referral service at Bellbrooke surgery is at for getting people to stop smoking, to chase up for next meeting.	<b>LB</b>
4.3	It was discussed that there was a project set up in harehills to work on smoking cessation projects in the area, this was led by a member of staff who is no longer available for this work so the group has lacked direction. Area Support assistance with this group was offered and JS and Natalie Mulik from the Area Support Team will drive it forward.	<b>JS</b>
4.4	CRH updated the group that he is attending a Stop Smoking meeting in Chapel Allerton so that he can witness how this service operates and he will update the group at the next meeting.	<b>CRH</b>
<b>5.00</b>	<b><u>Diabetes</u></b>	
5.1	There has been a one off £6,000 investment of Public Health funds into raising awareness of diabetes in harehills. This is as there is a high prevalence of diabetes in South Asian communities. The money has funded project workers to use various methods to raise awareness and encourage people to get checked and seek appropriate treatment. LB to look into what the impact of the funding has been.	<b>LB</b>
<b>6.00</b>	<b><u>Any other business</u></b>	
6.1	CRH asked if LB could look into if 'Health Trainers' or something similar still exists in the different neighbourhoods. These are local people trained up to give out advice in their communities.	
6.2	LB was asked to look into the Health statistics which support the priorities in the matrix presented and circulate to sub group members	
6.3	LB updated that she is involved in work to try to reduce the suicide rate in Burmatofts & Richmond Hill as a recent rate has identified that there is a slightly higher incidence in this ward than in others.	
6.4	CRH and LB updated that they have recently met with Nahid at the Shantona centre who has expressed an interest in setting up a walking for health group for her clients. She was also interested in encouraging women to take up bike riding. LB to put her in touch with Karen peck, Active	
<b>7.0</b>	<b>TIME AND DATE OF NEXT MEETING/ AOB</b>	
7.1	There were a number of other projects identified to be added to the table, such as the welfare reform work, mental health and COPD. LB & JS to expand the document to include all health related projects, not just those undertaken by their team.	<b>LB/JS</b>
7.2	9 <sup>th</sup> July, 10am, Reginald Centre	